

The STRAIGHT TALK

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The Newsletter

April 2012 | Volume 3 | Issue 4

10 Ways to Green Your Commute for Earth Day



In this issue...

Green Your Commute!

What to Do After an Accident

Introducing: Tenia Hul!

A Message from TADD

Best/Worst Joke Contest!

And check out PLG staff's favorite jokes throughout!

Calendar

April Fool's Day 4/1

Passover Begins 4/7

Easter 4/8

Earth Day 4/22

Arbor Day 4/27

Tell us your favorite joke and win a Starbucks gift card!



Details on back page!

- 1) Drive a hybrid or use biodiesel.
25% of cars sold in February 2011 were hybrids.
- 2) Drive green: don't start or stop suddenly, and obey the speed limit.
Rush hour commuters spend an average of 62 hours a year in their car.
- 3) Keep up with your car maintenance.
Regular car maintenance can increase your fuel efficiency by 25%.
- 4) Use a carbon offset program.
\$5 billion dollars was invested into carbon offset programs in 2006.
- 5) Carpool.
Approximately 11% of commuters carpool.
- 6) Take the bus (or train.)
14 million Americans use public transportation daily.
- 7) Walk!
Walking lowers blood pressure and improves mood.
- 8) See if you are able to telecommute.
44 million Americans telecommute at least part of the time.
- 9) Try not to use the air conditioning.
Older model air conditioners use a chemical that is harmful to the ozone layer.
- 10) Work your way up to living car-free!

Happy Easter!

That's punny...

PLG receptionist Carrie Tatum moved to Seattle from Nebraska, and for the first two months she was here it rained (of course!) One day, she asked her then 6 year old son to go outside. He did, and when he asked her why she said "I just wanted to see the 'son' out!"



Just in case you get into an accident, here are some...

Steps to Remember

After an accident, you should have two goals:

- 1) Recover by getting the best medical care possible
- 2) Recover the costs of your medical care, missed work and pain and suffering. The best way to do this is to...



Get proper medical treatment

This means telling your doctor everything, no matter how minor it seems.

It also means seeing the right doctor, whether that's a neurologist, orthopedist or physical therapist (probably not Doctor Cat.)



Finally, don't stop your treatment until you are completely well again. Money, kids, or not having time are not excuses for stopping treatment. Your health is the most important thing.

Keep a detailed record



Keeping a journal is the best way to make sure that you don't forget any important details. Writing down the way that your life has changed since your accident and how that made you feel will draw a picture in the

mind of the jury more accurately than mere facts ever could. A disposable



camera can be an invaluable tool. Keep one in your car at all times, and be sure to take pictures of not just the accident scene, but also of any injuries that you may have. Also, be sure to get the information of any witnesses on the scene.



This month, Premier Law Group welcomes Tenia Hul, our new file clerk! Tenia brings her awesome organizational skills to the office and we are lucky to have her! Thenia is a student at Green River Community College, and will be getting her degree in Legal Administration. In her free time, Tenia likes to shop and cook...and as a self-proclaimed 'couponer,' save some money in the process. Welcome to the team, Tenia!

That Stinks!

When she was a kid, Tenia remembers pulling a prank on her friends: in a water gun fight on a hot day, she put diluted fish sauce into her super soaker instead of water.



A message from...



Idaho Teen Killed by Distracted Driving

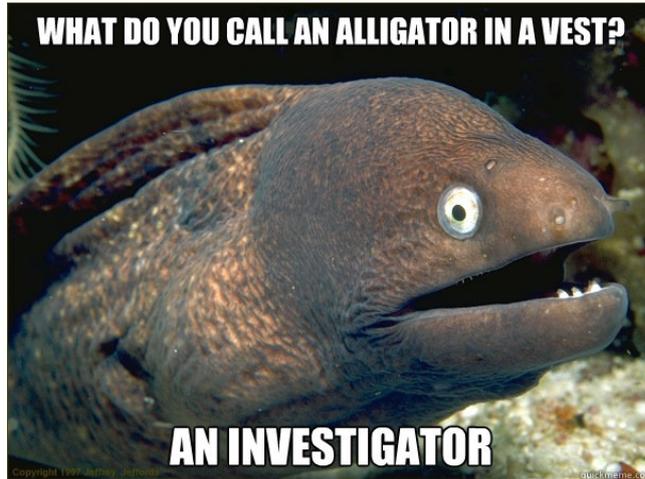
You can talk about how dangerous it is and pledge not to, but the real decision about texting and driving happens in the car. Idaho teenager Taylor Sauer was tragically killed on January 12th while using her phone and driving. Her final message on Facebook was: "I can't discuss this now. Driving and Facebooking is not safe. Haha." Just minutes later she drove into a tanker truck at 80 miles per hour and was killed instantly.

Taylor's story is tragic, and her parents have made it their mission to change the law in Idaho, making texting and driving a primary offense (and therefore allow authorities to pull people who they see using their phones behind the wheel.) Their daughter's death was senseless, but can also act as a reminder to all of us the dangers of distracted driving. Take the pledge or tell a friend, and make our roads that much safer.

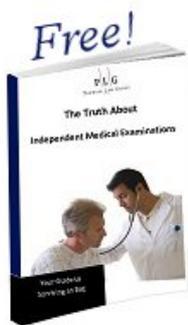
Want to help STOP distracted driving?

- Take the pledge to NEVER text and drive on our website.
- Show off your bracelet to friends, and let them know how dangerous it is to drive distracted.
- Do a presentation at your school (with a little help from TADD!)
- Check out our website for resources and more info!

NO
JOKE!



Get your funnybone ready! Tell us your best (or worst!) joke. Whichever one makes us laugh the most wins, and the winner will get a \$25 giftcard to Starbucks! Send your jokes to dlee@plg-pllc.com.



Legal Resource Guides

Be informed, be prepared

Washington Auto Accidents
Washington Motorcycle Accidents
Buying Washington Auto Insurance
Washington Wrongful Death Claims

To order, contact
dlee@plg-pllc.com

Too cheesy...

Paralegal Min Lee's favorite joke?
"What do you call someone else's
cheese?" "Nacho cheese!"

Thanks for the referrals!

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Readers of this newsletter have referred 31 clients since the start of 2010. Thank you so much, and please let us know if we can help you in the future!



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