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The STRAIGHTTALK

## Dates to Remember

**March 1st**  
Rebecca Lee's Birthday--  
The first black woman to get a medical degree

**March 17th**  
St. Patrick's Day

**March 31st**  
Easter Sunday

### In this issue:

Preparing Your Teen for the Road

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Toll to Come on I-90?

Contest

## Preparing Your Teen for the Road

As much as you might want to be with your children at all times, eventually you have to let them go out into the world on their own. This is never more true than when they start driving. You might not be able to sit in the passenger seat all the time, but you can make sure they have these items in their car (and in your car, too!):



### 1. Window Scraper/Shovel

Here in the Seattle area, you never know what the weather is going to be like. That is why being prepared for ice and snow at all times is so important. Make sure your teen won't be stuck in the snow without these tools!

### 2. Jumper Cables

The last thing you want is to be stuck somewhere with a dead battery.

### 3. First Aid Kit

Just in case!

### 4. Spare Tire

This isn't going to be any use if they don't know how to change a tire! Going over basic maintenance with your teen can go a long way to keeping them safe.

### 5. Flashlight

When visibility is low, the danger increases. A flashlight can be invaluable if they need to navigate outside their car at night.

### 6. Water

Good not only for drinking in emergency situations, but for the engine in case of overheating.

### 7. Reflectors/Flares

If your car breaks down on the side of the road, being late is the least of your worries! Being visible to other vehicles driving by could save your life, so make sure you have and use flares when necessary.

### 8. Tire Pressure Gauge

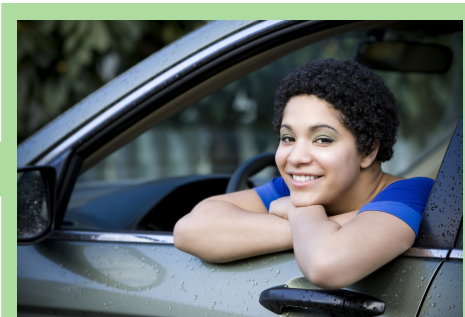
Prevent accidents before they happen by making sure your tires are properly inflated.

### 9. Blankets

If you are stranded in the cold, blankets could prove to be invaluable while you wait for help.

### 10. Non-perishable food items

In an emergency, a little bit of food can keep an already unpleasant situation from being worse (or more dangerous.)



Check out the back page for a joke contest and a chance to win a free Starbucks giftcard!





## Things you probably didn't know about Danielle Pugliese

After that, she taught hip-hop dancing and partook in a lot of social Latin dancing (in the club!) A dancer since she was 5 years old, Danielle has been trained in tap, hip-hop and jazz.

You can dance with Danielle in one of her Zumba classes at the Kelsey Creek (Bellevue) LA Fitness, Mon/Wed at 4:30 PM and Tues/Thurs at 12:00 PM, with the Friday Party at 5:45!

In the picture to the left, you can see Danielle ready for her very first dance recital, set to the Shirley Temple classic "Animal Crackers."

# Civil Rights: How to protect yourself, and when you may need a lawyer

We've all seen it on the evening news; the police beating someone, often with night sticks or kicks. The person on the ground doesn't seem to be doing anything, let alone resisting arrest. What's so disturbing about this situation is that these individuals are supposed to be keeping us safe. Everyone wants to trust the police, and believe that they will always do the right thing, but sometimes that isn't true. An interaction with the police can turn frightening and confusing quickly, so it's imperative that you understand your rights in that situation.

When a police officer uses force against a citizen, the police are limited to only using a 'reasonable' amount of force to accomplish a detention or an arrest. The constitution limits the force a police officer can use when arresting someone. Officers can't use any more force than what was called for at that time, so if no force was needed any force can be too much force. But if someone is violently resisting arrest the officer can do what is reasonable to get him or her under control.

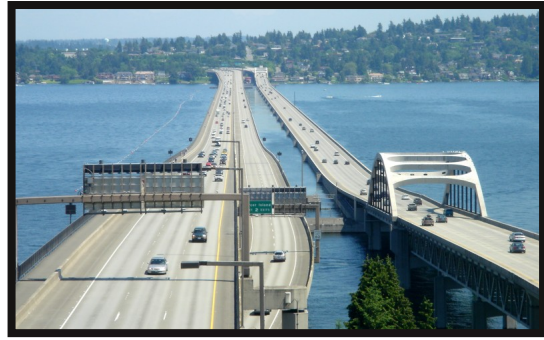
We entrust our police with a number of tools to use when confronting citizens and in making an arrest. Among them are, night sticks, tasers, pepper spray, flashlights, handcuffs and of course, firearms. These

weapons are only to be used when the situation reasonably requires their use. Of course all of these weapons can be abused by an overzealous officer. When that occurs your Constitutional right to be free from unreasonable seizures is violated.

We feel strongly about this issue at Premier Law Group, and encourage you to check out our website for more information about civil rights issues.



# Everything You Need to Know about the I-90 Toll



1. Tolling is being considered for two reasons: traffic management and to add funding to the SR-520 I-5 to Medina project.

2. Before the tolling can begin, there will be an environmental assessment to provide more information about the affect of tolling.



3. The Environmental Assessment will include:

- how traffic will be affected
- how the toll will be implemented
- how the toll will affect local communities, I-90 users and low-income populations
- how the impacts of the toll might be mitigated

4. Many groups have come out for and against the toll, but Mercer Island residents have been especially vocal as they rely on the bridge to get on and off the island

5. The 520 is already being tolled to fund the project (and is meeting projections) but there is still a gap in funding.

4. The decision will be made in 2013, and requires approval from several agencies and the Washington State legislature.



## Dylan Martin Racing joins TADD!

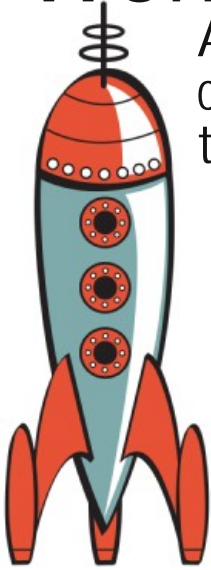
Teens Against Distracted Driving is lucky to welcome Dylan Martin to our team! Dylan is a 15 year old stock truck driver, and he just had his first race of the year this month! Learn more about Dylan at [www.dylanmartinracing.com](http://www.dylanmartinracing.com) and TADD at [www.teensagainstdistracteddriving.com](http://www.teensagainstdistracteddriving.com).



**TADD**  
TEENS AGAINST DISTRACTED DRIVING



# Women's History Month Trivia!



Answer these three questions correctly and you could win a Starbucks giftcard! Email your answers to [julia@plg-pllc.com](mailto:julia@plg-pllc.com) for a chance to win!

1. Who is the first woman to appear on a US coin?
2. Who was the first woman to be the chief of a Native American tribe?
3. Who was the first US woman in space?



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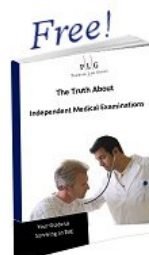
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